

The Leading Edge

a newsletter for k-state distance students

Volume 2
Issue 1

February 2009

University Life Café



Pictured above: University Life Café Working Group

In January, Kansas State University Counseling Services launched an innovative online service for the K-State community called University Life Café.

The purpose of the website is to promote emotional wellness using online features such as a gallery of user-submitted artwork, writing, and photography; a blog where similar K-State experiences can be identified and shared; and resources provided by a network of mental health professionals. Students, faculty, and staff in the K-State community with a valid eID can contribute to the website.

A feature called the “Bookshelf” offers professional information and tips for time management, studying, stress management, and test anxiety. The feature “Discover Yourself” provides a safe and confidential area for taking self-assessments that can help students learn how to balance their individual health and study habits.

This website serves as an engaging, distance-accessible venue that can help distance education students be even more connected with the university community. It also helps students enhance their positive experiences and maintain their academic success while attending K-State.

“The hope is that the site can be used as a model for the development of similar sites at other universities across the U.S. and abroad,” said Barbara Pearson, Assistant Director of Counseling Services at K-State.

The University Life Café website is located at www.universitylifecafe.org.



Spotlight on Student Services

**University
Life Café**

Location:
Web

Hours:
Ongoing

Website:
www.universitylifecafe.org

E-mail:
univlifecafe@k-state.edu

Phone:
K-State Counseling Services
785-532-6927

Fax:
N/A



Notice of Nondiscrimination

Kansas State University is committed to nondiscrimination on the basis of race, color, ethnic or national origin, sex, sexual orientation, gender identity, religion, age, ancestry, disability, military status, veteran status, or other nonmerit reasons, in admissions, educational programs, or activities and employment, including employment of disabled veterans and veterans of the Vietnam Era, as required by applicable laws and regulations. Responsibility for coordination of compliance efforts and receipt of inquiries concerning Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans With Disabilities Act of 1990 has been delegated to the director of Affirmative Action, Kansas State University, 214 Anderson Hall, Manhattan, KS 66506-0124, 785-532-6220 or TTY: 785-532-4807.

Highlights and recognition**Meet the Staff**

Ron Jackson
Program Coordinator
Division of Continuing Education



Ron Jackson serves as a coordinator for various programs in the Division of Continuing Education.

Aside from coordinating several certificate programs through K-State's College of Business Administration, Ron coordinates K-State's Bachelor's Degree Completion Program. This program allows students who have completed approximately two years of college coursework to complete a K-State bachelor's degree through distance education in several degree options.

Ron also coordinates Intersession, offered three times per year to allow students to take a class between terms. Several Intersession classes are now available online, so distance and on-campus students can take advantage of this opportunity.

If you are interested in the Bachelor's Degree Completion Program, Intersession, or other programs that Ron coordinates, contact him at 785-532-2523 or rdj7@k-state.edu.

Non-traditional Student Society

Pinnacle Honor Society
Division of Continuing Education
Kansas State University



Pinnacle Honor Society is a national honor society recognizing qualifying non-traditional students for their achievements.

Pinnacle benefits non-traditional students by providing the opportunity to develop academic experiences for resumes or graduate school applications.

The Division began offering distance students the chance to be inducted into Pinnacle in 2003. Inductees participate through an online induction or can come to K-State to attend the reception. Last year, the Division helped 29 students celebrate their induction.

To be eligible for invitation into the Pinnacle Honor Society, you must be a degree-seeking student completing your undergraduate degree, be of Senior status, and have maintained a 3.25 cumulative GPA while at K-State.

For more information about the Pinnacle Honor Society, visit: www.dce.k-state.edu/students/pinnacle.

Web Feature

Ask Willie
Office of Student Activities & Services
Kansas State University



K-State's Office of Student Activities and Services has developed a new service for distance education and on-campus students called "Ask Willie," which launched in early December.

This new service provides answers to university or personal questions or concerns from K-State students.

Ask Willie is part of K-State's Healthy Decisions program, an initiative that began to help enhance the lifestyle of K-State students and their peers. The main goal is to ensure that the university provides helpful, accessible services that all students can utilize to succeed academically and enhance their K-State experience.

Ask Willie a question today! If he isn't quite sure how to answer, he'll provide a referral source or service to help you find what you need.

Visit www.k-state.edu/askwillie or e-mail your question or concern to askwillie@k-state.edu.

Announcements and upcoming dates**Graduating in the spring?**

Use the following website to find the appropriate graduation forms or instructions:

Undergraduate: www.dce.k-state.edu/students/services/graduation.shtml

Graduate: www.k-state.edu/grad/gscurrent/guideforms/comminfo.htm

Need to pick up another class before Spring term ends?

Enroll in the 8-week online class "Healthful and Safe College Life" that begins in March:

www.dce.k-state.edu/courses/collegelife/

K-State Landon Lecture Series

General David Patraeus, Commander of the U.S. Central Command

Watch this live lecture on April 27 at 3:30 p.m.

<http://ome.ksu.edu/lectures/landon/new.html>

****Please note****

Enrolling for summer or fall? See the new step-by-step instructions on the "How To Enroll" link at www.dce.k-state.edu/courses.

Keeping your address, phone, and e-mail information updated in iSIS is very important! Please update your personal information through your iSIS Student Center page at <http://isis.k-state.edu>.

If you need to provide your grades to your employer for reimbursement or other purposes, just click on "Grades" in your Student Center at <http://isis.k-state.edu>. A printer-friendly page is available. You may also order a free transcript as long as you are enrolled at K-State, or you can request a "Grade Report" from the Registrar's Office at registrar@k-state.edu or 785-532-6254.

* Spring Break: March 16-20

* Summer/Fall 2009 enrollment begins: March 23

* K-State Open House: April 18